

September 2016

Senn Thomas Middle Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

Shakespeare did not mention
September in any of his plays?

5

No School
Labor Day

6

Chicken Fajitas
w/ Tortilla
Refried Beans
Assorted Fruit

7

BBQ Rib Sandwich
French Fries
Assorted Fruit

1

Chicken Tenders
Mac & Cheese
Peas
Assorted Fruit

2

Spaghetti w/ Meatsauce
Warm Dinner Roll
Steamed Broccoli
Assorted Fruit

Early Release Day

12

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

13

Chicken & Noodles
Breadstick
Peas
Assorted Fruit

14

Pork Roast w/ Warm
Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

15

Pepper Jack Cheese
Enchiladas
Black Bean Salad
Assorted Fruit

16

Country Fried Steak
Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

19

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Broccoli
Assorted Fruit

20

Chicken Alfredo w/ Warm
Dinner Roll
Seasoned Green Beans
Assorted Fruit

21

Beef Nachos w/ Queso
Cheese
Refried Beans
Salsa
Assorted Fruit

22

Chili Cheese Dog w/
Cheddar Cheese
Steamed Broccoli
Assorted Fruit

23

Pulled Pork Sandwich
French Fries
Assorted Fruit

26

No School

27

Tomato Soup
Toasted Cheese
Sandwich
Assorted Fruit

28

Oven Roasted Chicken
Warm Dinner Roll
Baked Beans
Assorted Fruit

29

Meatball Sub
Rotini Marinara
Steamed Broccoli
Assorted Fruit

30

Breakfast for Lunch
Pancakes
Sausage Link
Tater Tots
Assorted Fruit

***Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Sept 2nd – Early Release Day

Sept 5th – No School – Labor Day

Sept 26th – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$50.00 into your students account for lunch this month.

*****Every grain item is whole grain

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